

An Optimal You Price Information

IV Therapy:

If you require an initial consultation, all consultations are at a separate cost from the IV. Straight forward new patient IV's and follow-up IV's typically do not need a consultation. All IVs are administered by a certified RN in our comfortable IV room.

IV Therapy Consultations:

IV Therapy Consultation with Dr. Laurie Blanscet:	\$225
IV Therapy Consultation with Sharon Ackerman, PA-C:	\$200
• Required for customized IV's, optional for another IV's listed below.	

IV Treatment Therapy:

IV Meyer's Cocktail:	\$125
IV Glutathione only:	\$125
IV Meyer's Cocktail and Glutathione:	\$195
IV High Dose Vitamin C:	\$175*
IV Custom Nutrition:	Price Depends on Customization
IV Hydration:	\$135—per saline IV bag
Taurine may be added to any IV for:	\$15
IV Glutathione may be added on to any IV for an additional cost of:	\$80

*IV High Dose Vitamin C requires that you talk with the RN by phone ahead of time or have a consultation with one of our providers to discuss it first.

Other IVs preparations are available upon request. Please contact us by filling out the form below or give us a call for more information.

You may schedule a Meyer's Cocktail and/or Glutathione IV directly with the RN without a consultation. If you wish to have a 30-minute consultation with Dr. Blanscet or Sharon Ackerman regarding this IV, you may schedule it before administering the Meyer's Cocktail on the same day.

For customized initial IV's Therapy consultation is required. It is scheduled for 30-minutes with Dr. Laurie Blanscet, D.O. or Sharon Ackerman, P.A-C, to set up a treatment plan. Once a treatment plan has been discussed, your customized IV will be ordered through the compounding pharmacy. All customized IVs require pre-payment before ordering it.

Follow-Up consultations are not required unless a new customized IV therapy is being requested or you have any complex questions that cannot be answered by the RN.

Please send us a message with your preferred contact information as well as what time of day you would like for us to contact you at frontoffice@anoptimalyou.com, so we may schedule your appointment or you may call us at (951) 461-3021.

For information on this or any other services, please send us a message at frontoffice@anoptimalyou.com or contact our office at (951) 461-3021.

We look forward to optimizing your health!

We treat patients in Murrieta, Temecula, Perris, San Jacinto, Fallbrook, Winchester, Wildomar, Hemet, and other surrounding cities in the Temecula Valley, CA.

Here at An Optimal You, we value every patient. Cancellations with short notice and missed appointments adversely affects our ability to accommodate patients. Therefore, An Optimal You has a cancellation policy for all initial and follow up appointments.

A cancellation fee will apply if appointments are not cancelled with at least a 2 business days' notice (a business day is Monday-Friday, non-holidays).

In order to avoid a cancellation fee, you must contact our office 2 business days before your appointment time to reschedule. (Of course, we do understand significant emergencies and encourage you to contact our office immediately if an unforeseen event occurs and we will evaluate your situation on an individual basis)

For optimal treatment, communication is necessary, therefore any initial consultations that are missed (i.e. no contact with our office) will not be re-scheduled. If an established patient misses two appointments (i.e. no communication to our office regarding the need to cancel the appointment), that patient will be discharged from our practice.

We do our best to accommodate your needs and we ask that you respect other patients by giving our office adequate notice when needing to reschedule an appointment.