



Concierge Medical Care Service Information

Traditional medicine is focused on keeping you from dying. Integrative medicine focuses on keeping you feeling optimal: allowing you to truly live your life. Insurances force doctors to practice traditional medicine. They pay doctors based on the disease that you have and restrict the time the doctor can spend with you. All they can do is try and put out the "fires" that happen to your body. Doctors are there to help you, but they need to "keep the lights on" in order to do this. Thus, they are stuck in the trap of only being able to keep you from dying. By having a concierge practice, our office is able to practice integrative medicine.

Integrative medicine involves working with you to prevent future diseases so that they do not occur, preventing the fires. Under our concierge medical care service program, our office is also able to offer traditional family medicine, nutrition counseling, bio identical hormone treatments, and other anti-aging therapies.

Our concierge medical care service program offers you complete care and personalized access to your physician. It involves an annual fee that covers a comprehensive wellness visit, unhurried office visits, after-hours access for urgent issues, and discounts on IV's, pellets, and other in-office procedures. It is limited to a specific number of patients.

For pricing and further information, please send us a message with your preferred contact information as well as what time of day you would like for us to contact you at frontoffice@anoptimalyou.com or you may also call us at (951) 461-3021.

For information on this or other services, please send us a message at frontoffice@anoptimalyou.com or contact us at (951) 461-3021.

We look forward to optimizing your health!

We treat patients in Murrieta, Temecula, Perris, San Jacinto, Fallbrook, Winchester, Wildomar, Hemet, and other surrounding cities in the Temecula Valley, CA.

Here at An Optimal You, we value every patient. Cancellations with short notice and missed appointments adversely affects our ability to accommodate patients. Therefore, An Optimal You has a cancellation policy for all initial and follow up appointments.

A cancellation fee will apply if appointments are not cancelled with at least a 2 business days' notice (a business day is Monday-Friday, non-holidays).

In order to avoid a cancellation fee, you must contact our office 2 business days before your appointment time to reschedule. (Of course, we do understand significant emergencies and encourage you to contact our office immediately if an unforeseen event occurs and we will evaluate your situation on an individual basis)

For optimal treatment, communication is necessary, therefore any initial consultations that are missed (i.e. no contact with our office) will not be re-scheduled. If an established patient misses two appointments (i.e. no communication to our office regarding the need to cancel the appointment), that patient will be discharged from our practice.



<https://www.anoptimalyou.com>

29995 Technology Drive Suite 201
Murrieta, Ca 92563
Telephone: (951) 461-3021

We do our best to accommodate your needs and we ask that you respect other patients by giving our office adequate notice when needing to reschedule an appointment.