

# An Optimal You Price Information

## Body Composition (BMI) Testing:

**BMI:           \$45**

No consultation is required to schedule a BMI.

If you would like to discuss your BMI results with a provider, you will need an initial (if you are a new patient) or a follow-up consultation (if you are already an established patient).

Please send us a message with your preferred contact information as well as what time of day you would like for us to contact you at [frontoffice@anoptimalyou.com](mailto:frontoffice@anoptimalyou.com), so we may schedule your appointment or you may call us at (951) 461-3021.

**For information on this or any other services, please send us a message at [frontoffice@anoptimalyou.com](mailto:frontoffice@anoptimalyou.com) or contact our office at (951) 461-3021.**

## **We look forward to optimizing your health!**

We treat patients in Murrieta, Temecula, Perris, San Jacinto, Fallbrook, Winchester, Wildomar, Hemet, and other surrounding cities in the Temecula Valley, CA.

*Here at An Optimal You, we value every patient. Cancellations with short notice and missed appointments adversely affects our ability to accommodate patients. Therefore, An Optimal You has a cancellation policy for all initial and follow up appointments.*

*A cancellation fee will apply if appointments are not cancelled with at least a 2 business days' notice (a business day is Monday-Friday, non-holidays).*

*In order to avoid a cancellation fee, you must contact our office 2 business days before your appointment time to reschedule. (Of course, we do understand significant emergencies and encourage you to contact our office immediately if an unforeseen event occurs and we will evaluate your situation on an individual basis)*

*For optimal treatment, communication is necessary, therefore any initial consultations that are missed (i.e. no contact with our office) will not be re-scheduled. If an established patient misses two appointments (i.e. no communication to our office regarding the need to cancel the appointment), that patient will be discharged from our practice.*

*We do our best to accommodate your needs and we ask that you respect other patients by giving our office adequate notice when needing to reschedule an appointment.*