

29995 Technology Drive Suite 201 Murrieta, Ca 92563 Telephone: (951) 461-3021

Body Composition (BMI) Testing Price Information

BMI: \$65

No consultation is required to schedule a BMI.

If you want to discuss your BMI results with a provider, you will need an initial (if you are a new patient) or a follow-up consultation (if you are already an established patient).

Please send us a message with your preferred contact information as well as what time of day you would like for us to contact you at frontoffice@anoptimalyou.com so that we may schedule your appointment or you may call us at (951) 461-3021.

For information on this or any other services, please send us a message at frontoffice@anoptimalyou.com or contact our office at (951) 461-3021.

We look forward to optimizing your health!

We treat patients in Murrieta, Temecula, Perris, San Jacinto, Fallbrook, Winchester, Wildomar, Hemet, and other surrounding cities in the Temecula Valley, CA.

Here at An Optimal You, we value every patient. Cancellations with short notice and missed appointments adversely affect our ability to accommodate patients. Therefore, An Optimal You has a cancellation policy for all initial and follow-up appointments.

A cancellation fee will apply if you do not cancel your appointment with at least two (2) business days' notice (a business day is Monday-Friday, non-holidays).

To avoid a cancellation fee, you must contact our office two (2) business days before your appointment to reschedule. (Of course, we do understand significant emergencies and encourage you to contact our office immediately if an unforeseen event occurs, and we will evaluate your situation on an individual basis)

For optimal treatment, communication is necessary. Therefore, any missed initial consultations (i.e., no contact with our office) will not be available for rescheduling. If an established patient misses two (2) appointments (i.e., no communication to our office regarding the need to cancel the appointment), then dismissal from the practice will occur.

We do our best to accommodate your needs and ask that you respect other patients by giving our office adequate notice when needing to reschedule an appointment.