



IV Therapy Price Information

If you require an initial consultation, all consultations are at a separate cost from the IV. Straightforward new patient IVs and follow-up IVs typically do not need a consultation. A certified RN administers all IVs in our comfortable IV room.

IV Therapy Consultations:

IV Therapy Consultation is scheduled with Emily Stadick, FNP: \$245

- It is required for customized IVs and optional for other IVs listed below.
- Customized IVs are pre-ordered/pre-paid.

IV Treatment Therapy:

IV Myers' Cocktail:	\$205
IV Glutathione only:	\$175
IV Myers' Cocktail and Glutathione:	\$300
IV High Dose Vitamin C:	\$265
IV Custom Nutrition:	Price Depends on Customization
IV Hydration:	\$195—per saline IV bag
Taurine may be added to any IV:	\$60
IV Glutathione may be added on to any IV for an additional cost of	\$105

We advise you to hydrate well before any IV (i.e., drink plenty of water). Hydrating will help to ensure that your IV is successful. Sometimes, your veins do not permit us to administer an IV successfully if you are not well hydrated.

Please note that a \$40 administration fee applies if the IV content can be safely saved/kept for you to have done at a later date. If the IV content cannot be safely saved/kept, then the total/full cost of the unsuccessful IV will apply.

You may schedule a Myers' Cocktail or Glutathione IV directly with the RN without a consultation. However, if you wish to have a 30-minute consultation regarding an IV, you may schedule it before the IV is administered on the same day.

Customized IV therapy requires an initial consultation. The initial consultation is scheduled for 30 minutes with Emily Stadick, F.N.P., to discuss and set up a treatment plan. Once a treatment plan has been discussed, your customized IV will be ordered through the compounding pharmacy. Customized IVs require pre-payment.

Follow-up consultations are not required unless a new customized IV therapy is requested or you have any complex questions that the RN cannot answer.

A deposit fee is due at the time of scheduling your initial appointment. The deposit fee will apply towards your total amount due at the time of service and is refundable if you cancel the appointment with two (2) business days' notice. The deposit fee is forfeited if you cancel the initial appointment without two (2) business days' notice, and the appointment will not be rescheduled.



<https://www.anoptimalyou.com>

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Other IV preparations are available upon request. Please fill out the form below or call us for more information.

Please send us a message with your preferred contact information and what time of day you would like us to contact you at frontoffice@anoptimalyou.com so that we may schedule your appointment, or you may call us at (951) 461-3021.

For information on this or any other services, please message us at frontoffice@anoptimalyou.com or contact our office at (951) 461-3021.

We look forward to optimizing your health!

We treat patients in Murrieta, Temecula, Perris, San Jacinto, Fallbrook, Winchester, Wildomar, Hemet, and other surrounding cities in the Temecula Valley, CA.

Here at An Optimal You, we value every patient. Cancellations with short notice and missed appointments adversely affect our ability to accommodate patients. Therefore, An Optimal You has a cancellation policy for all initial and follow-up appointments.

A cancellation fee will apply if you do not cancel your appointment with at least two (2) business days' notice (a business day is Monday-Friday, non-holidays).

To avoid a cancellation fee, you must contact our office two (2) business days before your appointment to reschedule. (Of course, we do understand significant emergencies and encourage you to contact our office immediately if an unforeseen event occurs, and we will evaluate your situation on an individual basis)

For optimal treatment, communication is necessary. Therefore, any missed initial consultations (i.e., no contact with our office) will not be available for rescheduling. If an established patient misses two (2) appointments (i.e., no communication to our office regarding the need to cancel the appointment), then dismissal from the practice will occur.

We do our best to accommodate your needs and ask that you respect other patients by giving our office adequate notice when needing to make changes to an appointment.